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Anglican Church of Australia

Diocese of Riverina

Children's Sunday
Workbook



The Sixth Sunday after Pentecost 5 July, 2026

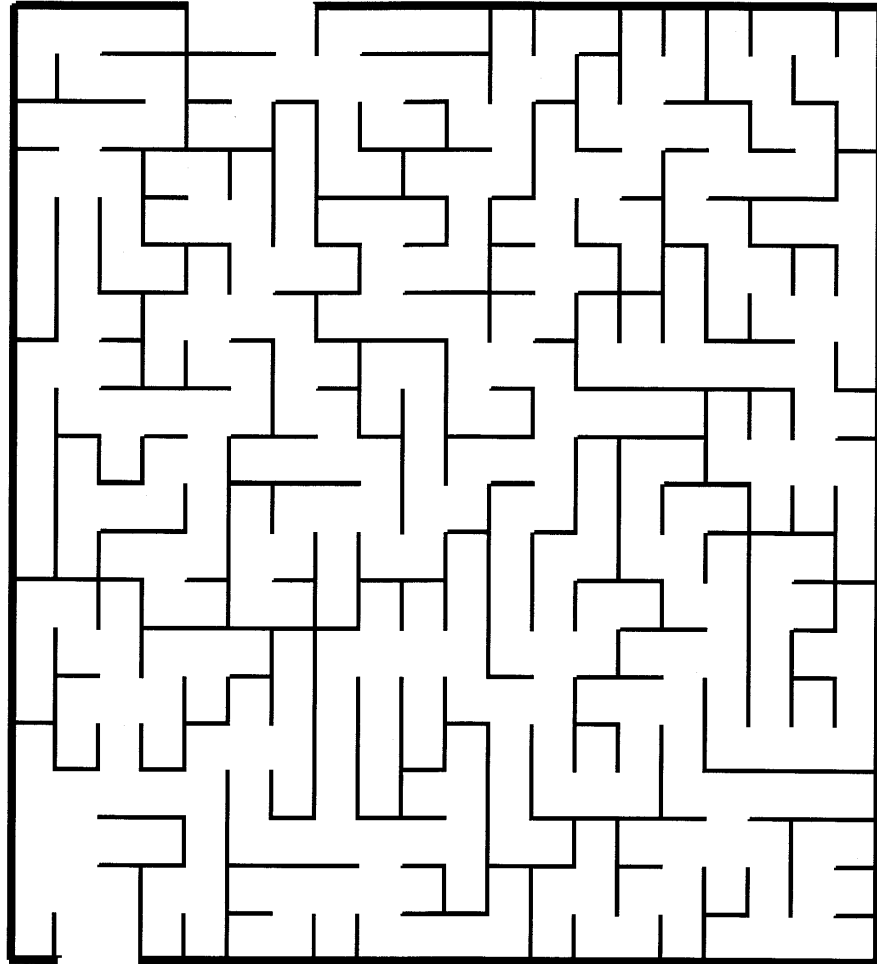
Matthew 11:28

Come to me, all you who are weary
and burdened, and I will give you
rest.

Dear Father, we are thankful that
when we struggle under the load of
life's burdens, you are there to
help us carry the load. In Jesus'
name we pray. **Amen**

Jesus said, "If you are tired from carrying heavy burdens, come to me and I will give you rest." We come to Jesus when we worship Him in church. Help the people in this puzzle find their way to Jesus.

START HERE



Finish HERE



Puzzle by Dorothy A. DeBisschop, dottie@our-oxford.info
Prepared for FREE Distribution through www.homiliesbyemail.com



Word Search: Matthew 11:16-19, 25-30 (CEV)

V	J	K	N	W	P	G	V	M	H	F	F	N	K	M	O	D	A	K	M	C
R	P	F	Y	W	H	C	F	L	U	T	E	R	J	D	E	A	H	O	H	M
W	R	G	B	T	R	E	P	D	N	E	I	R	F	M	Q	S	A	R	Y	E
N	D	E	S	S	W	Z	A	G	N	K	P	R	N	O	U	M	E	D	A	W
R	T	E	G	H	F	F	O	V	X	E	T	C	Z	D	T	R	H	I	Z	A
K	R	Q	S	L	A	K	O	D	E	U	V	D	H	S	V	M	B	N	R	P
E	B	S	C	T	Q	M	E	W	V	N	Q	E	W	I	F	L	Y	A	G	N
N	H	B	H	H	W	T	H	G	I	L	F	S	R	W	L	Y	I	R	J	L
O	B	E	L	O	A	C	E	O	Q	N	U	Z	P	Y	Y	D	O	Y	L	P
M	R	F	N	C	U	Y	X	C	S	R	E	H	T	O	T	K	R	T	D	S
E	J	K	U	K	A	L	Q	K	N	K	H	N	S	O	F	H	W	E	U	W
D	V	D	C	V	Y	R	D	C	T	A	X	D	L	O	T	I	I	S	N	D
E	E	F	F	T	B	I	E	E	O	Q	D	H	I	H	W	Y	E	N	P	X
H	T	Y	I	S	V	K	Y	X	R	T	U	T	P	F	T	J	K	G	G	Z
Z	I	C	C	I	O	C	I	K	A	S	S	W	E	N	I	Q	I	F	D	K
F	R	G	B	T	G	G	C	G	F	L	S	D	Y	O	Z	T	P	G	R	U
U	E	D	Z	P	V	R	A	N	S	O	E	K	M	S	J	P	I	C	S	D
T	D	T	B	A	S	V	Q	I	R	O	G	J	N	G	A	M	E	T	Z	W
M	Z	O	K	B	T	Z	S	T	F	T	N	D	Z	I	Z	E	I	Y	B	O
R	J	D	A	P	Y	H	V	A	B	W	G	L	R	N	R	T	K	S	I	Y
J	P	B	Q	E	K	L	S	E	G	E	N	T	L	E	F	D	P	F	R	A

- | | | | |
|-----------|------------|--------|----------|
| CHILDREN | FLUTE | DANCE | BAPTIST |
| DEMON | EATING | DRINKS | FRIEND |
| WISDOM | JESUS | HEAVEN | EDUCATED |
| ORDINARY | EVERYTHING | SON | FATHER |
| OTHERS | KNOW | TIRED | REST |
| SHOULDERS | GENTLE | EASY | LIGHT |

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I WILL GIVE YOU REST

THAT VERSE IS SO COMFORTING. HOW DOES JESUS GIVE US REST, THOUGH?

We feel rested when we are at peace with God and at peace with ourselves. Jesus gives us that peace.

HOW?

He doesn't send it by post, or put it on supermarket shelves. But his peace washes into us when we pray, and set ourselves to live in God's company.

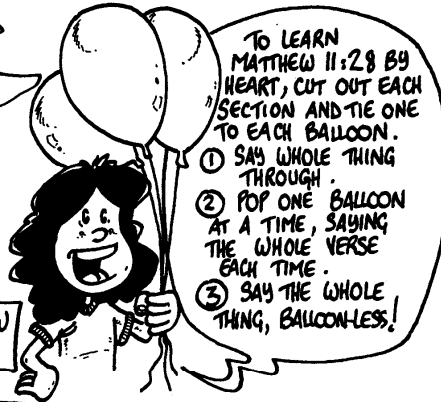
DOES IT FADE OR SHRINK?

No, it grows!



COME TO ME
ALL YOU WHO ARE WEARY
AND BURDENED
AND I WILL GIVE YOU REST

MATTHEW 11:28



TO LEARN MATTHEW 11:28 BY HEART, CUT OUT EACH SECTION AND TIE ONE TO EACH BALLOON.
① SAY WHOLE THING THROUGH.
② POP ONE BALLOON AT A TIME, SAYING THE WHOLE VERSE EACH TIME.
③ SAY THE WHOLE THING, BALLOON-LESS!

LION:

DONKEY:

MOTHER HEN:

DOVE:

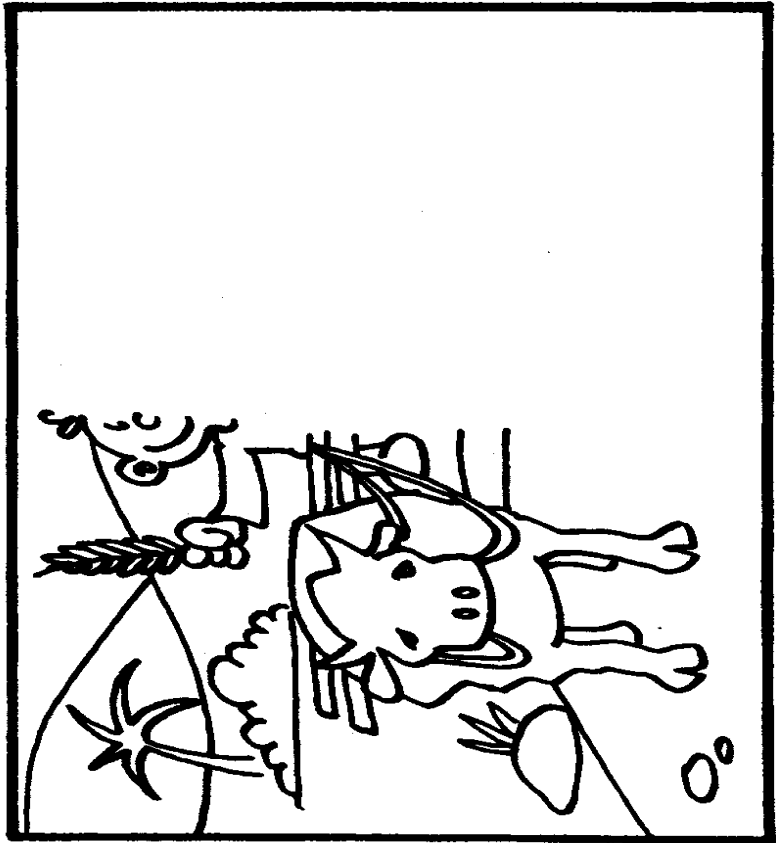
THE LORD IS GRACIOUS AND COMPASSIONATE, SLOW TO ANGER AND RICH IN LOVE. THE LORD IS GOOD TO ALL; HE HAS COMPASSION ON ALL HE HAS MADE. MY MOUTH WILL SPEAK IN PRAISE OF THE LORD. LET EVERY CREATURE PRAISE HIS HOLY NAME, FOR EVER AND EVER.

(—FROM PSALM 145—)



Thank you, God, for helping me.

Half the picture
has disappeared! Can
you put it back in?

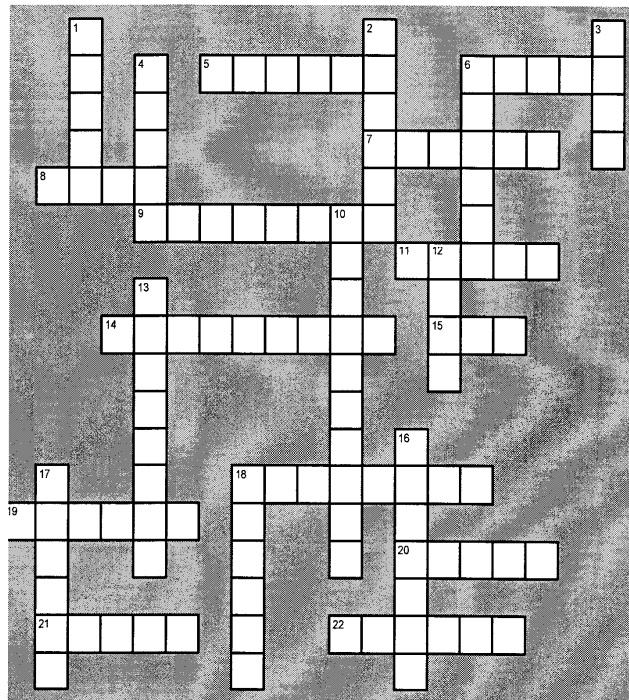



Crossword: Matthew 11:16-19, 25-30 (CEV)


Listen CAREFULLY to the Reading and fill in the blank spaces.

Afterwards you will be able to complete the crossword puzzle below.

- 13 down) You people are like _____ sitting in the market and
- 4 down) shouting to each other, "We played the _____, but you
- 1 down) would not _____! We sang a funeral song, but you would not mourn!"
- 16 down) John the _____ did not go around eating and drinking,
- 6 across) and you said, "That man has a _____ in him!"
- 7 across) But the Son of Man goes around _____ and drinking,
- 6 down) and you say, "That man eats and _____ too much!"
- 2 down) He is even a _____ of tax collectors and sinners."
- 22 across) Yet _____ is shown to be right by what it does.
- 11 across) At that moment _____ said: "My Father, Lord of
- 19 across) _____ and earth, I am grateful that you hid all
- 9 across) this from wise and _____ people and showed it
- 18 across) to _____ people. Yes, Father, that is what pleased you.
- 10 down) My Father has given me _____,
- 15 across) and he is the only one who knows the _____.
- 5 across) The only one who truly knows the _____ is the Son.
- 18 down) But the Son wants to tell _____ about the Father,
- 3 down) so that they can _____ him too."
- 20 across) If you are _____ from carrying heavy burdens,
- 8 across) come to me and I will give you _____.
- 14 across) Take the yoke I give you. Put it on your _____
- 17 down) and learn from me. I am _____ and humble,
- 12 down) and you will find rest. This yoke is _____ to bear,
- 21 across) and this burden is _____."




M 



is **E Z**

and

M 

Burden 