



I want to follow Jesus. He is God's Son.

Prepared and freely distributed by  
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Anglican Church of Australia

Diocese of Riverina

Children's Sunday  
Workbook



# The First Sunday in Lent 18 February, 2024

Mark 1:14-15

Jesus went into Galilee, proclaiming the good news of God. "The time has come," he said. "The kingdom of God is near. Repent and believe the good news!"

Father, help us to tell our friends all that we know of you and to share the great message that you love everyone. **Amen.**

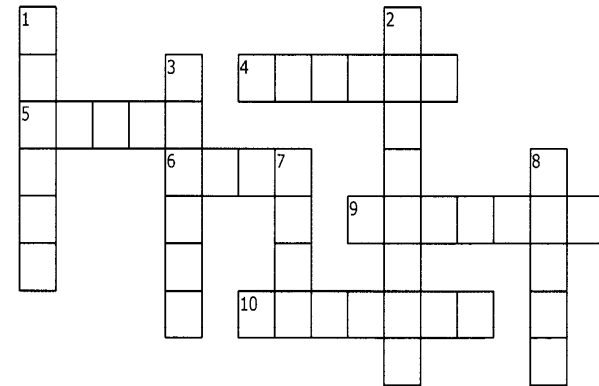


I can share the "Good News" with a friend.

## Carrying the Message

"The time has come," he said. "The kingdom of God is near. Repent and believe the good news!" Mark 1:15 (NIV)

Based on Mark 1:9-15 (NIV)



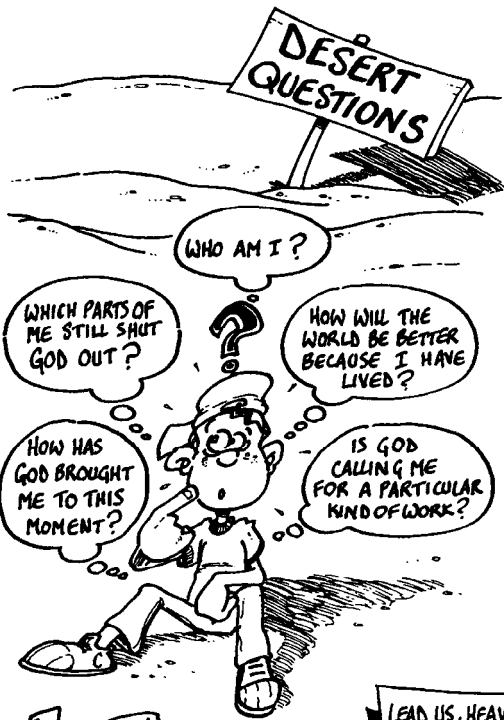
### ACROSS

4. Jesus was baptized in the \_\_\_\_\_ River. (vs.9)
5. Jesus was tempted by \_\_\_\_\_. (vs.13)
6. Jesus proclaimed the \_\_\_\_\_ news of God. (vs.14)
9. Jesus said, "The \_\_\_\_\_ of God is near." (vs.15)
10. Jesus asked people to repent and \_\_\_\_\_. (vs.15)

### DOWN

1. The Spirit led Jesus into the \_\_\_\_\_. (vs.12)
2. Jesus was \_\_\_\_\_ by John. (vs.9)
3. Jesus was tended to by \_\_\_\_\_. (vs.13)
7. The Spirit descended on Jesus like a \_\_\_\_\_.(vs.10)
8. Jesus was in the desert for \_\_\_\_\_ days. (vs.13)

JORDAN	KINGDOM	FORTY	DOVE	ANGELS
BELIEVE	DESERT	SATAN	BAPTIZED	GOOD



**TIME OUT, DESERT STYLE**  
 NOT MUCH TO DO IN A DESERT, IS THERE?  
 Not a lot. But there's plenty to be.  
**HOW DO YOU MEAN?**  
 When we haven't got lots of distractions we're forced to face what we're really like.  
**I'M NOT SURE I WANT TO.**  
 No one's that keen! But it's only when we make the effort to get in touch with our real selves in God's company that he can really start working in our lives.

**LENT**  
 IS A USEFUL DESERT!!!  
**IDEAS FOR USING IT...**

LEAD US, HEAVENLY FATHER, LEAD US,  
 O'ER THE WORLD'S TEMPESTUOUS SEA;  
 GUARD US, GUIDE US, KEEP US, FEED US,  
 FOR WE HAVE NO HELP BUT THEE;  
 YET POSSESSING EVERY BLESSING  
 IF OUR GOD OUR FATHER BE.



Read through the whole of Mark's Gospel (that's less than 3 chapters a week).

If your church has a Lent course, join in. (If it hasn't, show this and ask for a suitable one!)

Live your life a bit more simply – spend less, for instance.

Write in a DAILY prayer time on your schedule and stick to it.

1. The church colour for Lent is

green	<input type="checkbox"/>
purple	<input type="checkbox"/>
red	<input type="checkbox"/>

2. Jesus was in the desert for

42	<input type="checkbox"/>
7	<input type="checkbox"/>
40	<input type="checkbox"/>

days

3. Christians use Lent to prepare themselves for the festival of

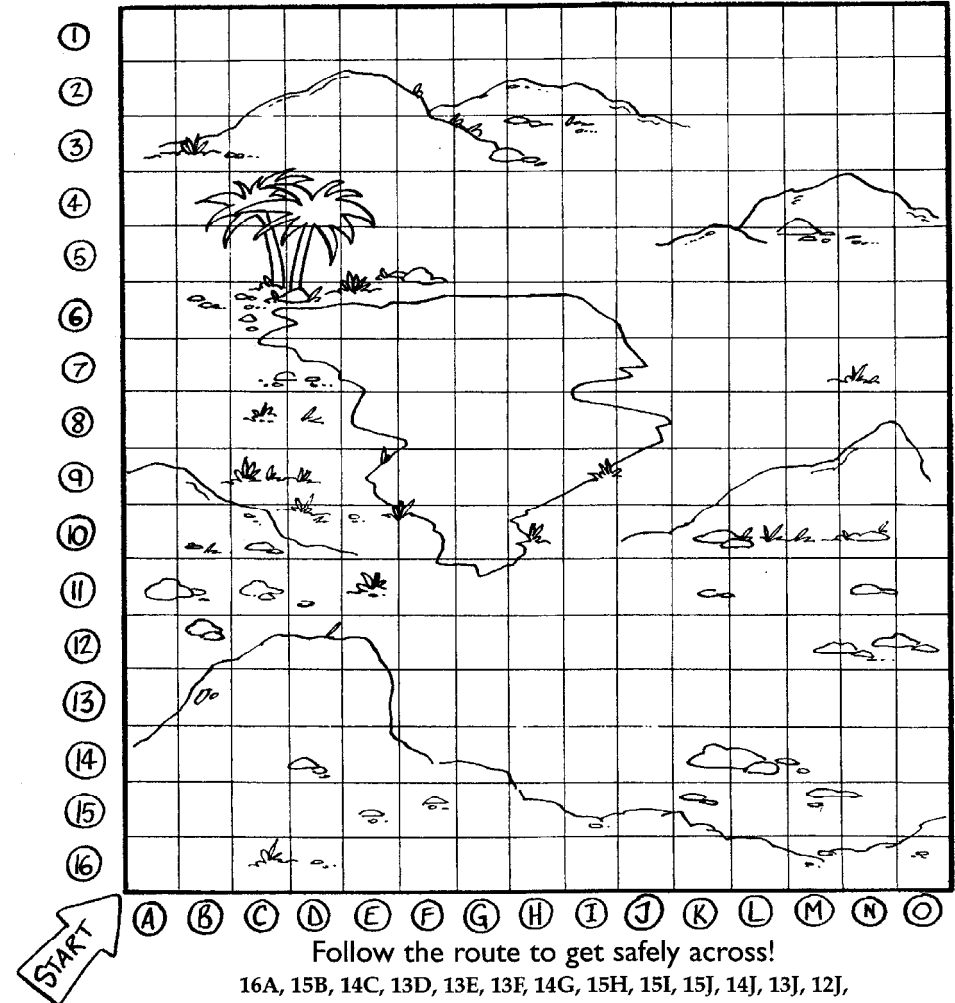
Easter	<input type="checkbox"/>
Christmas	<input type="checkbox"/>
Pentecost	<input type="checkbox"/>

4. Lent is a time for fasting and prayer.

Fasting means

practising self-control by going without food	<input type="checkbox"/>
practising for a race by going fast	<input type="checkbox"/>
practising prayer by speaking quickly	<input type="checkbox"/>

Which way through the desert?



Follow the route to get safely across!  
 16A, 15B, 14C, 13D, 13E, 13F, 14G, 15H, 15I, 15J, 14J, 13J, 12J,  
 11I, 10I, 9J, 8K, 7K, 6J, 5I, 4H, 3H, 2I, 3J, 3K, 3L, 2M, 1N, 1O  
 Draw in the route you take so others will know the way!



Christ gave me the work of preaching the Good News.

## Carrying the Message

"The time has come," he said. "The kingdom of God is near. Repent and believe the good news!" Mark 1:15 (NIV)

Based on Mark 1:9-15



S J P Y B A P T I Z E D P S S  
 D M U I D L Q E Z S G T N U C  
 J V Q Z L L V N R R N E I P E  
 N E A R D O K N R E P T G M D  
 W K D S D A E Z P O S G O E Z  
 T I U U P V Y E Y P E C T Z F  
 I N Y E A I R S X V L P U C O  
 M G Y E D N R A E J M N Q Y R  
 E D H S G D J I J E W F B P T  
 D O Q T O T L Y T P D A X L Y  
 R M Z O D E S G Q I E C T Q H  
 M M G Z B V O I C E S U J E S  
 V J O R D A N K Q Y E D M W R  
 M K Z L H G Z I K R R N E P D  
 E B U H Q H R G E S T N K D S

REPENT	TEMPTED	TIME	BAPTIZED	BELIEVE
DESERT	COME	VOICE	KINGDOM	JORDAN
FORTY	NEWS	OPEN	WATER	DAYS
GOOD	SPIRIT	DOVE	HEAVEN	NEAR