



I will follow Jesus, our leader.

Prepared and freely distributed by
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Anglican Church of Australia

Diocese of Riverina

Children's Sunday
Workbook



The Tenth Sunday after Pentecost 14 August, 2022

Hebrews 12:1,2

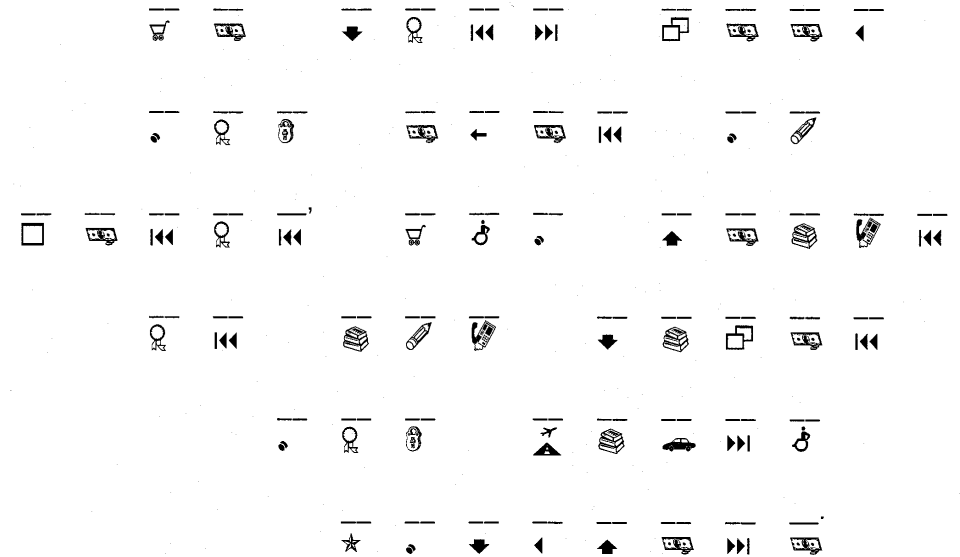
Let us run with perseverance the race marked out for us. Let us fix our eyes on Jesus .

Dear Father, sometimes life is difficult. Help us to keep our eyes on Jesus and to run the race that is before us. **Amen.**



Here's the Code to discover the answers!

A	B	C	D	E	F	G	H	I	J	K	L	M
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

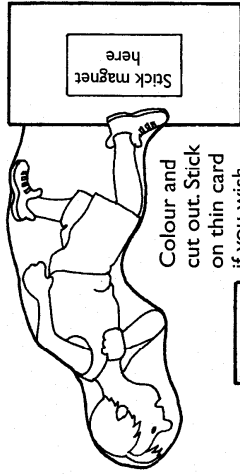


**Hebrews
12:2a (CEV)**

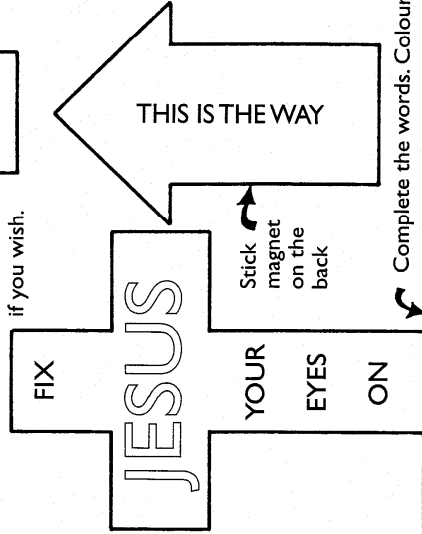


Let us run with endurance the race that God has set before us.
Hebrews 12:1b (NLT)

Puzzle by Dorothy A. DeBisschop, dottie@debisschop.net
Prepared for FREE Distribution through www.homiliesbyemail.com



Colour and cut out. Stick on thin card if you wish.

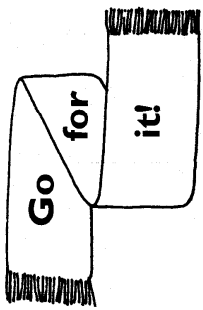
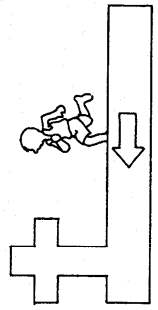


Hebrews 12:1-2

How to make a moving runner!
 You will need thin card, pens and scissors,
 2 pieces of fridge magnet

What you do

- 1 Colour and cut out the pieces as shown.
- 2 Fix on the magnets with glue, with the arrow in front of the race track and the runner behind it.
- 3 Fix the ends of the race track to a door or wall with blue tack
- 4 As you read the words on the track, move the arrow towards the cross, and the runner will come as well!



To pray this week

Lord Jesus,
I'm going to run the race with my eyes fixed on you. And if I get cluttered with silly or bad habits, please remind me to put them down so I can run free.
Amen.

LET US _____ OFF EVERYTHING THAT _____ AND THE _____ THAT
 EASILY _____ US, AND RUN THE _____ . LET US _____ OUR
 EYES _____ .



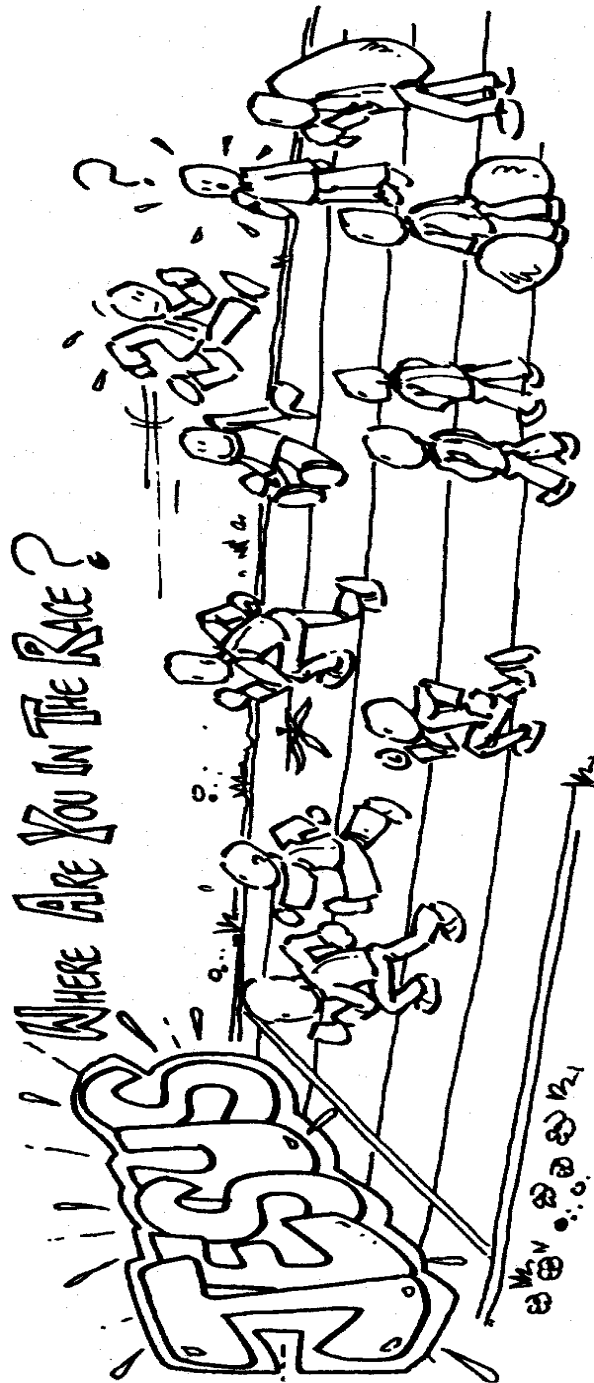
We must be determined to run the race that is ahead of us. - Hebrews 12:1b



Run the Race

Let us run with perseverance the race marked out for us. Hebrews 12:1b (NIV)

Based on Hebrews 12:1-2



G Y B R H X E A E N G E T Z Q
 B H W T N U E L J W E Q H U S
 S F I P A T E G H F V V A E B
 D A I P Z H O T S I A I S X H
 F M U X H R A S D L N S H C L
 D K I C K O D T I D E D S O K
 C R U N F W M I U N M E E S F
 M T H R O N E O T P Y O F R V
 U A A Y M I L I F E E S G K S
 F A R A E C W X B U L J R N X
 R F J K J C V H Q G U E E I T
 A K B Q E U S E H C I S A U F
 C J O C O D U F U D M U T E A
 E F F N V M H S I N K S R M Z
 R G W R I P K J O Y T L K U N

GREAT	RACE	JESUS	JOY	FAITH
WITNESSES	THROW	THRONE	EYES	RUN
MARKED	FIX	HINDERS	CLOUD	SIN